

CEU Sessions

Friday April 4th

Registration 6am-7am

“Diabetes-Beyond Just Type 1 and Type 2,” Kari Arnett, CMA (AAMA) (1CG)
7am-8am

“Burn Bright and Not Out,” Jennifer Bingle (2CG)
8am-10am

“Introduction to Traumatic Brain Injury Care,” Matthew Puderbaugh, DO FAAPMR
(1.5 C)
10:15am-11:45am

Lunch
12pm-1pm

“Medical Coding by a Nosologist,” Georgina Sampson, RHIA (1.5 AC)
1:15pm-2:45pm

Break
2:45pm-3pm

“Advanced Wound Care,” Rosetta Villeneuve, GNP (1.5 C)
3pm-4:30pm

Cash Bar
4:30pm-6pm

“Knowledge Bowl,” Presented by the MN State Society of Medical Assistants
Conference Committee
(2 ACG)
4:30pm-6:30pm

Title: “Diabetes – Beyond just Type 1 and Type 2”

Learning Objectives:

- The definition of Diabetes
- Brief History of the disease / treatments
- Types of Diabetes Diagnoses
- Characteristics (Signs / symptoms) of each kind of Diabetes
- The Impact of Diabetes on the Individual (Patient) – (Psychological, Physical, Emotional, Financial)
- The Impact of Diabetes on the Patient’s Support system (Family, children, etc.) – (Psychological, Physical, Emotional, Financial)
- The Impact of Diabetes on the Patient’s Significant Other/ Spouse– (Psychological, Physical, Emotional, Financial)
- Impact of the disease on the care environment
- Treatments / Research

Description of the Program:

Diabetes – Beyond just type 1 and type 2 is a journey through the life experience of a type 1 diabetic patient (Kari Arnett) who has dedicated her life to the disease. It educates listeners about the various types, treatments and experiences throughout the lifespan of a Type 1 diabetic; as well as teaching that there are several other variations of the disease profile with a wide range of treatment options, research studies, and the broad reaching impact it has with virtually every individual that comes into contact with the Diabetic and their lives.

Presenter Biographies:

Kari Arnett –

Kari is a newly certified CMA (AAMA) and currently works full time at a specialty clinic in Stillwater, Minnesota. Kari works in Endocrinology (her favorite!) and holds a 2-year degree in healthcare navigation as well as a 4-year degree in Commercial Interior Design focusing on senior housing and healthcare environments. Kari has been a Type 1 Diabetic since March of 1982 and adores all things about diabetes and endocrinology. In her free time, Kari volunteers at the Free-Clinic of St. Croix and Pierce Counties in Wisconsin, puts together impossibly tough jigsaw puzzles and is a loving wife of Sean and Mom to Mike and Izzy.

Sean Arnett –

Sean is Kari’s husband, best friend and much healthier half! He is a Vice President in the Employee Benefits Division of Brown & Brown and has been with the company since 2007. Located in Minneapolis, MN, Brown & Brown specializes in providing consulting, communication, education, and brokerage services for clients’ employees benefit and retirement programs.

As Vice President, Sean acts as an account service team practice leader for several employee benefits professionals who assist clients of all sizes and from all industries with benefits consulting, day-to-day service, compliance, reporting, vendor marketing, and customized employee communication services.

Prior to joining Brown & Brown, Sean spent several years as a Human Resources Manager where his core responsibilities included employee benefits, leave of absence management, compliance, compensation, communications and employee relations.

Sean earned a Bachelor of Arts degree from Saint Olaf College with an emphasis in Sports Science and Medicine. He is currently a licensed agent for health and life insurance in Minnesota and South Dakota and has earned the Group Benefits Disability Specialist and Voluntary Benefits Specialist designations from the National Underwriters association.

Title:

“Burn Bright Not Out: How to manage burnout and reignite your brilliance”

Description of The Program:

In this workshop, participants will explore the unique stressors specific to medical assistants and explore a variety of challenges that contribute to burnout in healthcare. Through interactive discussions, and practical strategies, the session will equip participants with the knowledge to recognize early signs of burnout and adopt practical techniques to manage stress. Participants will also engage in exercises to enhance emotional balance, work-life resilience, and discuss ways to build supportive workplace environments.

Presenter Biography:

Founder & Owner, New Strength Solutions | Gallup-Certified Strengths Coach | College Professor of 20 years, M.A Comm. Studies

Jennifer Bingle is a passionate leader, educator, and speaker, committed to helping individuals unlock their highest potential through their greatest talents. With over 21 years of experience as a college professor, Jennifer has dedicated her career to empowering students and professionals alike to discover and develop their strength.

As the founder and owner of New Strength Solutions, a consulting company established in 2016, Jennifer travels extensively to speak, teach, and coach individuals and organizations on how to leverage their innate strengths for personal and professional growth.

Title: “Introduction to Traumatic Brain Injury”

This presentation will go over the definition and diagnosis of Traumatic Brain Injury, including concussion. Further discussion will be about what assessment tools are commonly used, typical symptoms and course, as well as what types of treatment are available.

Objectives:

- 1) Analyze case studies and determine if a patient has a Traumatic Brain Injury (TBI).
- 2) Identify the criteria used to diagnose mild, moderate, and severe TBI
- 3) Describes some of the common symptoms and treatment of mild TBI
- 4) Assess how a multidisciplinary model can benefit a patient with a TBI

Presenter Biography:

Matthew Puderbaugh, DO, FAAPMR

Dr. Puderbaugh, from Topeka, Kansas, attended medical school at the Rocky Vista University College of Osteopathic Medicine in Parker, Colorado and then completed his Internship at St. Joseph Mercy Oakland in Pontiac, Michigan. He then served as a flight surgeon for the United States Air Force for five years. After his active-duty service, he completed his PM&R residency at the University of Minnesota while continuing his service as a flight surgeon in the Minnesota Air National Guard. Dr. Puderbaugh further specialized in Brain Injury Medicine through a fellowship at the University of Minnesota.

Throughout his career, Dr. Puderbaugh has received multiple awards as an educator and authored numerous publications on traumatic brain injury. Presently, he serves as a Brain Injury Medicine physiatrist at the Department of Physical Medicine and Rehabilitation at Hennepin Healthcare in Minneapolis, Minnesota, where he also holds the position of Traumatic Brain Injury (TBI) Fellowship Site Director.

Title: “Medical Coding by a Nosologist”

Objectives:

1. Define medical coding for the office.
2. Interpreting physician documentation and translating this into standardized codes that clarify treatments, services, or supplies received by the patient.
3. Explain the importance of coding accuracy, compliance, and communication.

Presenter Biography:

Georgina Sampson, RHIA. Georgina is currently the Program Director for the Health Information Technology and Medical Coding Specialist Program at Anoka Technical College.

Title: “Advanced Wound Care 101”

Description of the program:

This program will introduce attendees to understanding the difference between acute and chronic wounds and will also explain the etiology and prevention of chronic wounds. Evidence-based advanced wound care treatment plans which facilitate wound healing will also be introduced.

Learning Objectives:

1. Differentiate between acute and chronic wounds
2. Understanding the difference between pressure, arterial, venous, and diabetic wounds
3. Prevention of chronic wounds
4. Etiology and advanced wound care plans for managing chronic wounds

Presenter Biography:

Rosetta Villeneuve has been an APRN since 2001. She graduated from the College of Saint Scholastica with a master’s degree in advanced Practice in Family Medicine then in 2007 received a 2nd degree in Geriatric Medicine from the College of Saint Scholastica. Rosetta found her love for Advanced Wound Care during her geriatric training. She has been providing wound care services at Grand Itasca Clinic & Hospital since 2007 and is certified through NAWCO as both a Wound and Ostomy Management Specialist. Rosetta also works in the Outpatient Internal Medicine clinic in addition to providing wound and ostomy care to patients in the Hospital setting and emergency department at Grand Itasca.

She has been married to her husband, Dan, for 30 years and has 4 children and one cat. Rosetta enjoys running long distance, weightlifting, cycling, hiking, reading, cooking, traveling and leather crafting. In her spare time, she also works as a yoga and fitness instructor at a boutique fitness studio in Grand Rapids, Minnesota.

Title: “Knowledge Bowl”, Presented by MN State Society of Medical Assistants

Objectives:

1. Demonstrate comprehensive knowledge of medical terminology, including anatomy, physiology, and common medical procedures.
2. Exhibit proficiency in medical office tasks such as appointment scheduling, record-keeping, and maintaining patient confidentiality.
3. Showcase knowledge of infection control protocols, emphasizing the importance of maintaining a clean and safe medical environment.
4. Illustrate proficiency in navigating and utilizing electronic health record systems to manage patient information efficiently.
5. Exhibit knowledge of medical coding and billing practices, ensuring accuracy in documenting and processing healthcare services.
6. Highlight expertise in basic clinical skills, such as taking vital signs, administering injections, and assisting with minor medical procedures.

Evaluation
3rd Annual Minne-National Conference
Hosted by MN State Society of Medical Assistants

Please complete the evaluation and place it at the registration table upon leaving.

Do you feel the Content was Relevant to Medical Assisting?

1-Very Relevant

2-Somewhat Relevant

3-Not relevant

Diabetes, Beyond Just Type 1 and 2

Burn Bright and not Out

Introduction to Traumatic Brain Injury Care

Medical Coding by a Nosologist

Advanced Wound Care

Knowledge Bowl

How well did the Presenter share his/her knowledge and meet your overall expectations?

1-Very Well

2-Somewhat

3-Not Very Well

Diabetes, Beyond Just Type 1 and 2

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Introduction to Traumatic Brain Injury Care

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Advanced Wound Care

Knowledge Bowl

Please comment on the conference in general-Topics, Speakers, Location, Facility, Food, Ideas for Improvement and any other comments, on the back of this sheet. Do you have any suggestions for future topics or speakers? Thank you for taking time to fill out this evaluation.

Minnesota State Society Spring 2025 Conference Checklist

Your name: _____

Member ID: _____

Address: _____

Daytime Telephone: _____

Email: _____

Member #: _____

Nonmember _____

Friday April 4th

_____ 143350: Diabetes-Beyond Just Type 1 and Type 2 – 1 CG

_____ 143352: Burn Bright and Not Out – 2CG

_____ 143349: Introduction to Traumatic Brain Injury Care– 1.5 C

_____ 143638: Medical Coding by a Nosologist – 1.5 AC

_____ 143841: Advanced Wound Care – 1 C

_____ 143351: Knowledge Bowl – 2 ACG

Please place a checkmark on the session(s) you attended. Place at the registration table when completed.
Thank you.